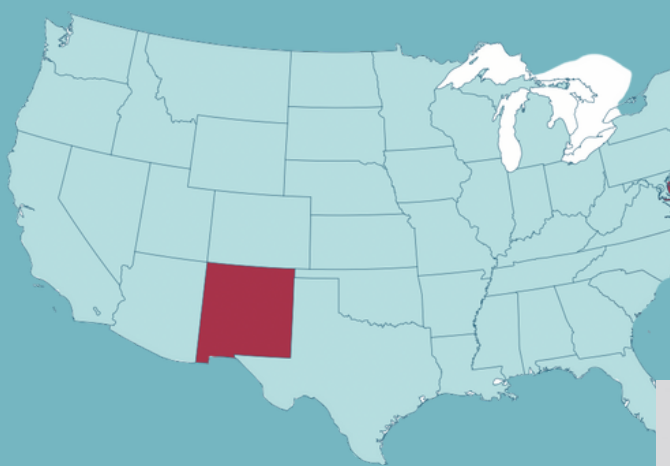


PREVENT CHILD ABUSE AND NEGLECT



In New Mexico, the rate of child abuse related fatalities is at 2.31 per 1,000 compared to 2.5 deaths per 1,000 nationwide.



The New Mexico DOH reported that 11 children died of abuse or neglect in 2019.

NEGLECT MEANS FAILING TO PROVIDE:



Food



Safe/hygienic shelter



Adequate supervision



Protection from known dangers



Clothing



Medical care



Nurturing and affection



Education

DEFINING CHILD ABUSE AND NEGLECT

An act or failure by a parent, caregiver or other person defined by state law that results in physical abuse, neglect, medical neglect, emotional abuse, or presents an imminent risk of harm to a child.

PREVENTION IS KEY

PRACTICE MINDFUL PARENTING

Show children and other adults that conflicts can be settled without hitting or yelling.

SUPPORT HOME VISITING

Encourage participation in early childhood home visiting programs. They improve parent-child bonding, parenting skills, and economic self-sufficiency and prevent child abuse and neglect.

STRENGTHEN ECONOMIC SUPPORTS FOR KIDS AND FAMILIES

Support tax credits, affordable quality childcare, and paid family and medical leave policies, especially for low-wage and part-time workers. These can reduce financial stress on families and increase the time and capacity for supportive family relationships.



DISCIPLINE THOUGHTFULLY

Use praise and privileges to encourage good behavior. Use consequences, delayed privileges, and time-outs in response to bad behaviors.

USE A TRAUMA-INFORMED APPROACH

Provide environments where people feel safe, supported, and empowered. Healthy, positive, and supportive relationships create resilience and encourage healthy coping mechanisms.

ADVOCATE FOR SUPPORTIVE HOUSING INTERVENTIONS

Combine affordable housing with intensive case management to help families remain housed and address other challenges, like substance use and mental health conditions.



REPORT ABUSE WHEN YOU SEE IT

If you have reason to believe that a child has been or may be harmed, call #SAFE (#7233) from a cell phone or 1-855-333-SAFE.



This infographic was created by the UNM Prevention Research Center to raise awareness about child abuse and prevention. Please share to help raise awareness for children at risk in your community.



REFERENCES AND SOURCES:

<https://www.cdc.gov/violenceprevention/communicationresources/infographics/CAN.html> | <https://cyfd.org/child-abuse-neglect> | CYFD-2019-2021-progressreport-FINAL.pdf