



### UNM Orthopaedic Sports Medicine Conference Schedule

- Wednesday Morning Sports Fellowship Conference (2-ACC at 6:45AM). Due to COVID these conferences have predominantly gone to a virtual online program. **Links are available upon request.**

1<sup>st</sup> Wednesday of the month: **Indications Conference** – The fellows should be prepared to present 2 cases each that were operated on in the previous month. Cases can be “classic examples”, “out of the ordinary”, “controversial topics”, or “unexpected findings”. The presenting fellow should give a quick case history and show the pertinent images and arthroscopic photos. Then summarize one or 2 papers from the recent literature on the topic and generate some discussion. The fellows should maintain a log of the cases presented (name, MR#, diagnosis, treatment) which will be given to Darren each month.

2<sup>nd</sup> Wednesday of the month: **MSK Radiology Conference alternating with “Potpourri”**

- MSK Conf - Combined with MSK rads faculty and fellows. The MSK Radiology faculty present on a specific topic (ie., how to read shoulder MRIs). It will be a case-based presentation format and fellows will submit any unique cases or interesting findings to supplement with arthroscopic pictures for discussion. **CASES MUST BE SENT TO THE MSK FACULTY AND FELLOWS BY THE FRIDAY BEFORE CONFERENCE.**
- Potpourri – Every other month there will be a different topic of interest including developing an orthopaedic practice and contract negotiation, preparation for oral boards, guest speakers, etc

3<sup>rd</sup> Wednesday: **Sports Division Research Meeting**

4<sup>th</sup> Wednesday: **Primary Care Topic and Article Discussion.** The primary care sports fellows and faculty will present on primary care sports medicine topics including wellness and personal health. OKU Sports Medicine will be utilized as a reference. This conference is to be led by the primary care sports faculty and fellows.

5<sup>th</sup> Wednesday: **Sports Quality Improvement/Morbidity and Mortality Conference.** Discussion of orthopaedic surgical and nonsurgical M&M cases from the prior quarter. Will discuss treatment indications, procedure/surgery performed, and identify areas for improvement/change, if any.

- **Journal Club – 3<sup>rd</sup> Tuesday evening of each month @6pm.** Journal club (sports faculty, fellows, interested residents) will take place at each faculty member’s house (or via virtual platform during COVID) on a rotating basis. Each fellow (ortho and primary care) should select 1 article from a current sports medicine journal (AJSM, JBJS, Arthroscopy, etc). The article should be downloaded and the PDF emailed to the fellowship director by Friday of the week before Journal Club. The “host” of journal club and one of the residents on the sports service will also each select an article to present. The fellowship director will then distribute the articles to all of the attendees. The fellow will present and discuss the article that they have selected.
- Friday 0700-0800: **Resident sports-specific didactics** at OSIS or via virtual platform (ortho fellows to attend as well) and review of upcoming week’s **surgical cases** and in-depth discussion of resident-selected topics.